



**EUCCHARISTIC ADORATION** IS A SACRED MOMENT IN WHICH THE CHURCH PLACES HERSELF BEFORE THE MYSTERY OF GOD'S LOVE. BEFORE THE BLESSED SACRAMENT, WE STAND ON HOLY GROUND, FOR JESUS CHRIST IS TRULY PRESENT—BODY, BLOOD, SOUL, AND DIVINITY—HIDDEN UNDER THE HUMBLE APPEARANCE OF BREAD. ADORATION IS NOT ABOUT MANY WORDS OR ELABORATE PRAYERS; IT IS ABOUT PRESENCE. IN SILENCE, IN THE GENTLY LISTENING OF SCRIPTURE, OR IN THE QUIET MOVEMENTS OF THE HEART, WE ALLOW CHRIST—WHO IS ALREADY WAITING FOR US—TO SPEAK, TO HEAL, AND TO TRANSFORM US.

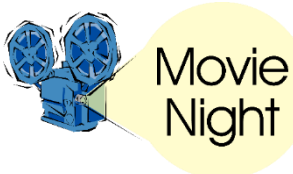
THROUGHOUT THE CENTURIES, EUCCHARISTIC ADORATION HAS BEEN A HIDDEN WELLSPRING OF RENEWAL FOR THE CHURCH. IN TIMES OF STRUGGLE AND UNCERTAINTY, IT HAS STRENGTHENED FAITH, AWAKENED VOCATIONS, AND REKINDLED LOVE FOR CHRIST. FROM THIS STILLNESS BEFORE THE LORD FLOWS TRUE MISSION, AUTHENTIC SERVICE, AND DEEP COMMUNION, BECAUSE THE CHURCH FIRST LEARNS TO RECEIVE BEFORE SHE IS SENT.

HERE AT ST. MONICA'S, THIS LONGING TO DRAW CLOSER TO JESUS HAS BEEN RENEWED THROUGH OUR YOUTH GROUP, ACTS 2. DURING THEIR RETREAT EXPERIENCE AT RISE UP, MANY ENCOUNTERED THE LORD PROFOUNDLY IN EUCCHARISTIC ADORATION AND FELT CALLED TO BRING THIS GIFT BACK TO OUR PARISH. IN RESPONSE, BEGINNING **FEBRUARY 2026**, WE WILL OFFER EUCCHARISTIC ADORATION ON THE **FIRST THURSDAY OF EVERY MONTH**, FOLLOWING THE 7:00PM MASS, CONTINUING UNTIL 8:30PM.



#### **ST. MONICA'S PARISH - FUNDRAISER BAKE SALE**

AS PART OF OUR ONGOING FUNDRAISER EVENTS, NEXT MONTH ST. MONICA'S PARISH WILL HOLD ANOTHER **WEEKEND BAKE SALE ON FEBRUARY 14<sup>TH</sup> & 15<sup>TH</sup>**. THIS ONE WILL BE WITH A "**CHOCOLATE THEME**". BAKED GOODS CAN BE DROPPED OFF AT THE CHURCH BEFORE MASS ON SATURDAY FEBRUARY 14<sup>TH</sup> FROM 2:00PM AND ON SUNDAY FEBRUARY 15<sup>TH</sup> FROM 8:00AM.



#### **MOVIE NIGHT AT ST. MONICA'S**

ST. MONICA'S OPENS ITS DOORS FOR A SPECIAL MOVIE SCREENING ON **SATURDAY, FEBRUARY 7TH AT 6:30 PM**. WE WILL BE SHOWING 'KINGDOM OF HEAVEN' A HISTORICAL ADULT-RATED FILM SET DURING THE CRUSADES. THE STORY FOLLOWS BALIAN, A HUMBLE BLACKSMITH WHO BECOMES A KNIGHT AND SEEKS PEACE AND JUSTICE AMID INTENSE RELIGIOUS CONFLICT. ALL ARE WELCOME. TICKETS ARE SELLING FOR **\$10.00 EACH** AT THE BACK OF THE CHURCH.



**SASMAD** – COME AND JOIN THE CHURCH OF MONTREAL IN CELEBRATING **WORLD DAY OF THE SICK** ON **SATURDAY, FEBRUARY 7<sup>TH</sup>**, AT **ST. ISAAC JOGUES PARISH, 1335 CHABANEL ST. E.** FROM **9:30AM – 2:00PM**. IT WILL BE AN OPPORTUNITY TO PRAY THE

ROSARY, RECEIVE THE SACRAMENTS OF ANOINTING OF THE SICK, AND RECONCILIATION, PARTICIPATE IN EUCHARISTIC ADORATION, FOLLOWED BY A MASS PRESIDED BY ARCHBISHOP MSGR. CHRISTIAN LEPINE. A SIMPLE LUNCH OF SOUP AND FELLOWSHIP WILL FOLLOW. A SHUTTLE BUS FROM SAUVÉ METRO IS AVAILABLE. **CALL SASMAD AT (514) 272-4441** TO RESERVE YOUR SPOT. THOSE WHO ARE SICK, CAREGIVERS, VOLUNTEERS, HEALTHCARE WORKERS AND FAMILIES ARE ALL INVITED TO ATTEND.

**MASS INTENTIONS – January 31 to February 6, 2026**

**Saturday, 4:00pm – January 31, 2026 – The 4<sup>th</sup> Sunday in Ordinary Time**

*For All Parishioners Intentions*

**Sunday, 9:00am – February 1, 2026 – The 4<sup>th</sup> Sunday in Ordinary Time**

*Maria Cardilli*

*Luisa & Angelo*

**Sunday, 11:00am – February 1, 2026 – The 4<sup>th</sup> Sunday in Ordinary Time**

*Anna & Lorenzo Forlini*

*Erminio Forlini*

*Natalino, Mario & Olga Cappello*

*Cappello Family*

*The Cullen Family*

*Jane Cullen*

**Tuesday, 8:30am – February 3, 2026 – Saint Blaise**

*For All Parishioners Intentions*

**Wednesday, 8:30am – February 4, 2026 – Weekday Mass**

*Ilario & Stellina Maiolo*

*Family*

*Isa, Ivio & Mark Mazzella*

*Family*

*Personal intentions for Jennifer, in Thanksgiving for Blessings received*

*Stella & Gil Lee*

**Thursday, 8:30am – February 5, 2026 – MEMORIAL – Saint Agatha**

*For All Parishioners Intentions*

**Thursday, 7:00pm**

*For All Parishioners Intentions*

**Friday, 8:30am – February 6, 2026 – MEMORIAL – Saint Paul Miki & Companions**

*Jakub Kory*

*Abigail*

*Healing prayers for Paul Brady*

*Gloria*

*Healing prayers for Padraig Leydon*

*Gloria*