

**“GO INTO THE DEEP”:****FULL, CONSCIOUS, AND ACTIVE PARTICIPATION IN THE LITURGY**

In the Gospel this weekend, Jesus invites his disciples, tired after fishing all night without success, to “put out into the deep water” and let down their nets. This got me thinking about how we too come to Church on the weekend, often tired, or frustrated by things in our life that are not going as they should. Sometimes, the last place we want to go is “into the depths”! And yet, that is exactly where Christ is calling us: speaking to our hearts, drawing us into friendship and communion, inviting us to bear fruit.

The Vatican II Declaration on the Sacred Liturgy, *Sacrosanctum Concilium*, invites all Catholics to “*full, conscious, and active participation*” in the liturgical life of our parish communities. If the Eucharist is truly the “source and summit” of Christian life, then those of us engaged in the various liturgical ministries are called to model and facilitate for *the entire congregation* an experience of prayer and inner transformation, through our common worship. “*The liturgy is the summit toward which the activity of the Church is directed; it is also the font from which all her power flows.*” In order to be penetrated by the spirit of the liturgy, we are called - presider or deacon, lector or Eucharistic minister, choir member or altar server, welcomer or coordinator – to attend to the Mass with reverence and joy, with a deep spirit of prayer, so that all may experience Christ’s invitation to “go into the deep” and give it a generous and joyful response.

The word “liturgy” comes from the Greek word *leiturgia*: “*the work of the people*”. So **all of us** have an important role to play. We come to the liturgy not as spectators waiting to be entertained, or as isolated individuals looking for a quiet place to perform our devotions. We come not to reluctantly fulfil an externally-imposed duty, but as living members of the Church, gathered together: to be formed by God’s Word and to be nourished at the Table of the Eucharist. We bring to the liturgy all that we are – our joys and struggles, concerns about family and work, the needs of the world around us – to be transformed by Christ and sent forth to be His presence in the world. So let us “go into the deep”: as we joyfully embrace in the Mass our identity and vocation as God’s beloved, as truly **the Body of Christ**.

**CALLED TO SERVE: LITURGICAL MINISTRIES**

Did you know that the Vatican II Constitution on the Liturgy calls ALL Catholics to “full, conscious, and active participation” in the liturgical life of the Church? We do this first and foremost as actively participating members of the Eucharistic assembly. But some among us are called to exercise specific liturgical ministries: lectors, Eucharistic ministers, choir members, altar servers, and ministers of hospitality. If you are thinking you might like to serve in one of these ministries, consider this your personal invitation! Please phone and leave a message at the parish office, or better, speak to Fr. Raymond or one of our Mass co-ordinators (4 PM – Patricia Lawrence; 8:30 AM – Raquel Galvan; 11:00 AM – Sheila Moriarty) after Sunday Mass. We will provide the guidance and training – just bring your faith and love, and your desire to serve the Lord and this parish through the sharing of your gifts.

**CLIMATE CHANGE PETITION****ALL PARISHIONERS ARE ENCOURAGED TO SIGN THE PETITION "TOGETHER WE CALL FOR CLIMATE ACTION" AT THE BACK OF THE CHURCH.**

In the late fall, a petition was introduced to the parish to encourage our government leaders going to the Paris Climate Summit to work for an agreement to ensure that the Earth's temperature would not rise more than 1.5 degrees C. Now it is critical that the government be urged to come up with a Canadian Plan that sets appropriate ambitious targets to realize their promise to reduce emissions and keep the global average temperature rise to 1.5 degree C.

**FROM FEBRUARY 10 THROUGH MARCH 20, YOU’RE INVITED TO JOIN OTHER CHRISTIANS FOR THE 40 DAYS FOR LIFE**

40 days of prayer and fasting for an end of abortion. You’re also invited to stand and peacefully pray during a 40-day vigil in the public right-of-way outside the former Morgentaler abortion facility, 30 St-Joseph Blvd. East, and also to help spread the word about this important community outreach. If you’d like more information – and especially if you’d like to volunteer, please contact: Brian Jenkins (438) 930-8643, [brian.jenkins@cqv.qc.ca](mailto:brian.jenkins@cqv.qc.ca), or (514) 344-2686.

## MASS INTENTIONS FROM FEBRUARY 6 TO 14, 2016

### Saturday, February 6: St. Paul Miki & Companions

4:00 Vittoria & Giuseppe Caucci By Teresa Caucci  
Francesca & Sante La Posta By Concetta La Posta  
Adamo Francesca By his Sister & Family

### Sunday, February 7: Fifth Sunday in Ordinary Time

8:30 Agnese, Martino & Antonio Gagliardi By the Family  
Special Intention for May Fong By Glen & Mary Smith  
11:00 In Loving Memory: Deceased members of the Cullen Family

### Monday, February 8: St. Jerome Emiliani & St. Josephine Bakhita

8:00 Special Intentions By the Wong Family

### Tuesday, February 9: Weekday Mass

8:00 Anna & Lorenzo Forlini By Louise Forlini  
Elena & Hugo Brinckhaus By Eduardo Brinckhaus

### Wednesday, February 10: ASH WEDNESDAY

8:00 Concetta Caucci By Olga Santini Matta

### 7:00 ASH WEDNESDAY EVENING MASS

### Thursday, February 11: Our Lady of Lourdes

8:00 Steven Lohnes By Rosa & Luigi Salvati

### Friday, February 12: Weekday Mass

8:00 Giulio Salvati By Rosa & Luigi Salvati

### Saturday, February 13: Our Lady's Saturday

4:00 In Loving Memory: Italo & Anna Mariani, Italo Falcone, Angelo Caucci, Alessandro Palladini, Leonard & Terry Winslade, Deceased members of the Charles J. McDonald Family.

### Sunday, February 14: First Sunday of Lent

8:30 Ermando Giuseppie Nudo By wife Elvira Nudo  
Angelo Sabatuci By Giuseppina Fiori & Family  
11:00 Michael Collins By Sisters of Hudson Residence  
Ettore Lanni By Wife & Family  
Giacomo Fiori By wife Berardina & Family

### Your Generosity...

Thank you for your on-going support of our parish... Collection for the weekend of January 30/31, 2016 totalled \$3,124.80

### REFUGEE SPONSORSHIP

We are discerning as whether or not to sponsor a refugee family. If we do, we will need a committed team to see the project through. We will hold a meeting to explore this possibility on **Sunday, Feb. 23 after the 11:00 a.m. mass** in the rectory. If you are interested to participate in this venture, please come join us at the meeting. All welcome to attend.

### YOUTH RETREAT

Join us for a two-day retreat with friends, food, fun, and faith from 6pm, Friday, March 11 to 6pm, Saturday, March 12 at St. Ignatius of Loyola Parish (5455 West Broadway, Montreal). For youth ages 12-18 years, and in partnership with NET Canada, [www.netcanada.ca](http://www.netcanada.ca). Suggested donation of \$20. Contact Claire to register or for more information at [514-482-7493](tel:514-482-7493) or [stmonicasyouth@gmail.com](mailto:stmonicasyouth@gmail.com).

### Adult Faith Enrichment Upcoming events

#### The Two Feet of Love in Action: Social Justice and Charitable Works

In our parish mission statement, we commit ourselves to put into practice the Lord's invitation through the prophet Micah: *"To act justly, to love tenderly, and to walk humbly with God."* Love builds upon a foundation of justice. Charity implies giving what is mine to others, but justice calls us to give to others what is rightfully already theirs because of who they are as children of God. Please join **Brian McDonough** on **Wednesday, February 17 from 7:00 to 9:00 p.m.** in the parish hall to learn how justice and love interact with each other to promote the common good! Free babysitting is available upon request at registration. Please register by **February 15**.

**Please refer to our website and the posters at the Church entrances for additional information. If registration is required, kindly use the appropriate sign-up sheets at the main church entrance or contact Anna at the office.**

### 2016 Lenten Prayer and Reflection Booklets

The 2016 Lenten Prayer and Reflection Booklets are available for you to purchase at the main entrance of the church. The adult, family and children's editions are priced at **\$2.00** each. Please put your payment in the **Payment Box**.

### Food Pantry Volunteers Needed

**3<sup>RD</sup> & 4<sup>TH</sup> Mondays in the Month  
1:30 to 3:30 p.m.**

**3<sup>rd</sup> & 4<sup>th</sup> Tuesdays in the Month  
8:30 to 11:30 a.m.**

**Call Marcelle at 514-550-0125  
and leave your name & number.**