

Called to be Holy

Green Communities are in the making!

Blessed are you Lord God of all creation, you bless us with the fruits of the earth. (Jewish book of blessings) It is good to pray and to talk of God's creation, but our faith must also bear visible fruit.

Waste reduction should be a major concern for society. The average Canadian family produces approximately 1.5 tons of waste per year. We may consider this an extreme figure, but let us think for a moment of everything we have discarded over the past year, from regular garbage to electronics. If the world's population lived as we do in the developed world, it would take six planets to sustain us all.

We have come to think that recycling is the answer to saving the environment, it isn't. In Quebec our recycling program is very inefficient and the majority of materials in the recycling bins are not of use, partly due to the poor way we recycle. Most of our recycling is going to landfill. We need to start thinking in a new direction. We need to be living the three R's.

Reduce: Do not use plastic cutlery and disposable dishes. "Most plastics are not really biodegradable and so they can remain in the environment for centuries, indeed even for thousands of years." (Jenna Jambeck, Professor, University of Georgia) Here at St. Monica's we have cutlery and dishes for 200 people and an industrial dishwasher. Repair articles rather than discarding them. Buy only what you need. Do not buy fruit and vegetables that are over wrapped. Talk to the manager about the wrapping. Bring your own bags to all the stores, not only grocery stores.

Reuse: Bring clothing and household goods to the thrift stores. Also think of buying from these stores. Buy containers for storage that can be reused. Keep jars and plastic containers for storage.

Recycle: Bring your electronics that are no longer functioning to the environmental center. There is one on St. Patrick Street. Wash bottles, cans, milk containers before putting them in the recycling bin. Deposit all paper in the bins. Another waste saver is composting. All food wastes can be composted as well as many other items. Phone 311 for more information and a composting bin if you don't have one.

Think about the 3 R's. It may take a little more time, thought and energy, but our environment is worth it.

Adult Faith Enrichment – Upcoming EventsDaring to Dream

World-renowned scientist David Suzuki says, "*We need to **Dream** the world we want; if we dream it, know what it looks like, we might be more successful in making the kinds of changes necessary to maintain the integrity of our planet, our home.*" Join **Carl Madigan** for his three-evening presentation, **Daring to Dream**, on **Wednesday evenings, February 13, 20 and 27 from 7:00 to 9:00 p.m.** in the parish hall. Together we will explore and deepen within our own lives the challenge put forth in the words of David Suzuki. Please register by **February 10**.

Video Divina

This year, Fr. Lloyd Baugh's film series looks at movies from different cultural and religious traditions and considers how their deities invite believers to undertake the journey towards *holiness* which is *wholeness*. Join him on **Friday, February 22 at 7 p.m. in the parish rectory** to view the film "My Father, My Lord". Free admission and popcorn, with discussion to follow! All are welcome!

Please refer to our website and the posters at the Church entrances for additional information. If registration is required, kindly use the appropriate sign-up sheets at the main church entrance or contact Anna at the office (514) 481-0267 (extension 22).

MASS INTENTIONS FEBRUARY 9 - 17, 2019

Saturday, February 9: Our Lady's Saturday

4:00 Caucci family by Teresa Caucci
Giovanni & Donata Ricciardi by Carmela Ricciardi
Aniello D'Addio by Franca & family

Sunday, February 10: Fifth Sunday in Ordinary Time

8:30 Lionel Brookes by wife Elisa Nucci
Joseph Montrichard by Ann Marie Montrichard
Alejandra N. Naraval by Drex Meriales & Raquel Galvan

11:00 **IN LOVING MEMORY:** Vincenza Forte, The Cullen family and Cyril Bell

Monday, February 11: Our Lady of Lourdes

8:00 Mary & Harry Keenan by Lillian Bibby

Tuesday, February 12: Weekday Mass

8:00 For all Parishioners Intentions

Wednesday, February 13: Weekday Mass

8:00 Lionel Brookes by wife Elisa Nucci

Thursday, February 14: St. Cyril & St. Methodius

8:00 Angelo, Giuseppina & Gino Girolamo by Nick Girolamo

Friday, February 15: Weekday Mass

8:00 Alexander Cybulski by Claudia & George

Saturday, February 16: Our Lady's Saturday

4:00 **IN LOVING MEMORY:** Leonard & Terry Winslade, Peter Duffy, Restituta LaPosta, Alessandro Palladini and Beatrice Gagnon

Sunday, February 17: Sixth Sunday in Ordinary Time

8:30 Adelina Guaiani by Arnaldo Guaiani
Alessandro Fiori by his children
Martino Agnese & Antonio Gagliardi by the family

11:00 Ettore Lanni by Virginia Lanni & family
Vincenza Forte by Nadia Arcuri
Joe Onesi by Ida Onesi & family

Thank you for your ongoing support of our parish.

Collection for the weekend of:

February 2 & 3, 2019 totalled **\$2,177.55**

Pastoral Home Care Team: If you wish to have a visit from our team and receive communion, please inform us if you or a family member enters a hospital or a residence. Call 514-481-0267.

2019 Sunday Donation Envelope

Boxes are now available for you to pick up at the main entrance to the church.

Parishioners with box numbers from 281 on have been assigned new box numbers. These can be obtained by consulting the list next to the boxes.

If you would like to have a donation envelope box, please contact the office at 514-481-0267.

For University Students & Young

Professionals. You exercise your body so you can be better prepared for life's challenges. Why not exercise your spirit as well? In the silence of an **Ignation retreat** encounter the living Word revealed in Scripture, at work in the world and present in your life. Personally guided retreats are being offered **February 17 to 22 at the Villa Saint Martin** (9451 Gouin Blvd. West, Pierrefonds). These 3 to 6 day retreats are an opportunity to encounter God in an individual retreat accompanied by a Jesuit priest. Retreat length can vary according to schedules and availability. Young adults under 29 years of age may be eligible for financial assistance if needed. For information contact Fr. Sylvester Tan, S. J. at stan@jesuits.org

National Evangelization Team (NET) Ministries of Canada will be leading a **retreat for high school aged youth on Saturday, February 23 from 1 – 9 p.m.** at **St. Thomas a Becket Parish** (4320 Ste. Anne St., Pierrefonds). The cost is \$20 per participant which includes snacks and lunch. The afternoon will be filled with talks, testimonies, games, small group sharing and opportunity for prayer time. For information contact Corey Jolly at 514-925-4300, ext. 251 or email at cjolly@diocesemontreal.org

