



## Sick & Shut-in **PRAYERS FOR THE SICK**



If you or someone you know is ill or homebound and would like to be added to the list of the prayers for the faithful, or would like a visit from our Pastoral Care Team, please contact the Rectory Office at 514-481-0267 and leave your name and phone number.

### **Synodal Church Webinar Series: Communion, Participation & Mission**

Please join us for the last **Wednesday evening on June 8 from 7 – 8:30pm EDT**, and continue a synodal journey which follows a series of discussions from last February on **The Chosen** and led by **Fr. Raymond Lafontaine, E.V.**, Episcopal Vicar of the English-speaking faithful and Director of the Diocesan Office for English Pastoral Services. Registration is FREE. Freewill online donations are greatly appreciated.

**Register Now! Please note that advance registration is required!**

Kindly use the Link below to fill out the form.

<http://microsites.diocesemontreal.org/microsites/parishvitality/language/en/the-chosen-a-synodal-journey-spring-2022/>

### **The Outline for the upcoming green projects to St Monica's.**

#### **4) One Earth and One Health:**

Human health and nature are inter-related. After hundreds of years of sciences spread over divided fields, of specialists speaking almost different languages, modern science is transdisciplinary, non-reductionist, integrated. Extinction of species, pollution and environmental degradation are also human health concerns and economic issue. Recent science shows that the COVID-19 pandemic has many roots and implications, linked to deforestation, unsustainable trade in wildlife, and extinction of species other than humans and their domesticated plants and animals. Moreover, mental health, and therapy, also extend to the environment: what is the sense of searching for better balance and solidarity in our human relations if our environment is getting more degraded and sicker, leading us back to stress and zoonosis? Excessive or uncontrolled use of pharmaceutical or chemical substances can damage nature – and us.

Moreover, we are an ecosystem in ourselves. The bacteria in our body, our so-called microbiome, are in balance with our overall health, and the quality of our food to produce all the nutrients we need – we are what we eat. When we are exposed to nature, in the soil, water and air, our immune system is strengthened. This is why it's critical to visit protected areas, and live close to urban parks: there is a role for parks in cities to boost immune systems, bringing nature closer to you. Other ways to accomplish the same are to keep your own gardens or aquaria at home or in community places, or to care for dogs or other pets.

In the billion-year evolution of life on Earth, the living environment grew in close association with the land and the sea, the rivers, the air, and the minerals. Humans and their cultures came last, only around 1.5 million years ago, barely able to learn to live in harmony with nature – and since the 1850, in clear conflict with it. The beautiful balance the Earth has known among its creatures for 10 000 years is going haywire, thanks exclusively to our unsustainable ways of life. Sure, the earth has known other imbalances since the first cosmic dust appeared 4.6 billion years ago, and other new species will appear with adaptations to warming global temperatures... but the threat of climate change concerns the health of one particular species that is quite dear to us...our own! If you care for your and the planet's health, and if you think the Sta Monica Parish can do something about that, please write to [emanuel.hillel@gmail.com](mailto:emanuel.hillel@gmail.com), and let's start an environmental movement.

## **DIOCESAN CAMPING ASSOCIATION**

*“Serving the Montreal Catholic Community for over 60 years”*

Offers four amazing, fun-filled, faith-based, one-week camping experiences for children, youth, and families at beautiful **CAMP KINKORA!**

**General Info, please contact us by email: [dcakinkora@gmail.com](mailto:dcakinkora@gmail.com)**

1. **DIOCESAN FAMILY CAMP** (for families, July 17-23, 2022, [www.dfckinkora.com](http://www.dfckinkora.com))
2. **DAYLIGHT CAMP (DLC)** (youth 6 -15yrs, July 24-30, 2022. [www.kinkoradlc.com](http://www.kinkoradlc.com))
3. **YOUTH IN ACTION** (youth 6-15yrs, July 31-Aug. 6, 2022, [www.youthinactioncamp.com](http://www.youthinactioncamp.com))
4. **VISIONS CAMP** (for teens 13-18yrs, Aug. 7-13, 2022, [www.visionscamp.ca](http://www.visionscamp.ca))

Registration is open on our website ([www.dcakinkora.org](http://www.dcakinkora.org))

There are still some spaces left and you can take advantage of our “sibling / bring a friend” discounts:

[www.dcakinkora.org](http://www.dcakinkora.org)  
[www.campkinkora.com](http://www.campkinkora.com)

### **MASS INTENTIONS: 4 - 10 June, 2022**

#### **Saturday, 4:00pm – June 4, 2022: PENTECOST SUNDAY**

*Aniello d’Addio*

*Giuseppina & Antonio Pendenza*

*Giuseppina Francescangeli*

*by Franca & Children*

*by Luisa & Angelo*

*from Emidio Francescangeli*

#### **Sunday, 9:00am – June 5, 2022: PENTECOST SUNDAY**

*For All Parishioners Intentions*

#### **Sunday, 11:00am – June 5, 2022: PENTECOST SUNDAY - Livestreamed**

*The Cullen Family*

*Ettoré & Raffaelé Lanni*

*Emidia, Franco, Rosolino & Constanza Sparapani*

*from Jane Cullen*

*by the Family*

*by Teresa & Family*

#### **Tuesday, 8:30am – June 7, 2022: Weekday**

*Lucia & Giacomo Palucci*

*Elvira Sabatino Nudo*

*from Teresa Palucci*

*by the Nudo Family*

#### **Wednesday, 8:30am – June 8, 2022: Weekday**

*Ivio, Isa & Mark Mazzella*

*by the Family*

#### **Thursday, 7:00pm – June 9, 2022: Saint Ephrem**

*For All Parishioners Intentions*

#### **Friday, 8:30am – June 10, 2022: Weekday**

*For All Parishioners Intentions*